

Smart Snacks Product Calculator Tips

The amounts entered must be correct and in the correct field. You will need the product's nutrition facts label in order to record the product specifications in the calculator.



Use the Alliance for a Healthier Generation's tool for Smart Snacks and take away the guesswork!



Documentation needed

- Product Nutrition Facts Label or nutrition information
- Ingredient information

Nutrition information needed

- Serving size in ounce or gram weight
- Servings per container
- Calories
- Total Fat (Calories from Fat is not a required field.)
 - Saturated Fat
 - Trans Fat
- Sodium
- Carbohydrates—Total Sugars

Entering information in the calculator

- Know how to categorize item
- Review blue bubbles for more information
- Refer to the label's ingredient statement
- Enter product's nutrition information as SOLD (include all components and accompaniments)
- Print "produce is compliant" statement
- Retain all documentation



TEXAS DEPARTMENT OF AGRICULTURE
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Food and Nutrition Division
National School Lunch Program

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TIPS

SNACK

Includes products such as chips, popcorn, nuts, snack-type bars (i.e., cereal, granola and fruit and nut bars), ice cream and sometimes frozen fruit, including frozen juice (See USDA's Q&A document for guidance). Does NOT include dairy drinks or dairy beverages such as drinkable yogurt or milk shakes, which do not meet the criteria for being measured against the food nutrient standards.

SIDE

A product that is sold in addition to an entrée at a meal, such as rice, steamed vegetables, mashed potatoes or French fries.

BEVERAGE

This includes dairy beverages or dairy drinks (such as drinkable yogurt, milk shakes and protein shakes) or coffee drinks (such as cappuccinos, mochas, or lattes).



ENTREE

The main course of a meal that contains (1) A combination food of meat or meat alternative and whole grain-rich food; or (2) A combination food of vegetable or fruit and meat or meat alternate; or (3) A meat or meat alternate alone except for yogurt, low-fat or reduced fat cheese, nuts, seeds and nut or seed butters and meat snacks.

NOTE: Please be sure to enter information as product is SOLD, including amount sold and all components and accompaniments. For example, for a beef patty, enter information as product will be sold, such as on a bun with lettuce, tomato, pickles and ketchup.



Resources

- Alliance for a Healthier Generation Smart Snacks Product Calculator <https://foodplanner.healthiergeneration.org/calculator/>
- USDA - Questions and Answers Related to the "Smart Snacks" Interim Final Rule <https://www.fns.usda.gov/cn/qas-smart-snacks-interim-final-rule>